



REPUBLIC OF SLOVENIA
COURT OF AUDIT

AUDIT REPORT

Tackling Child Obesity

Performance audit

Audited period: 1 January 2015 to 31 December 2016

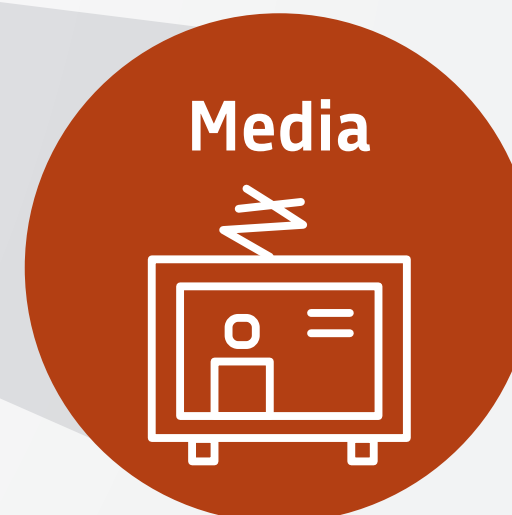
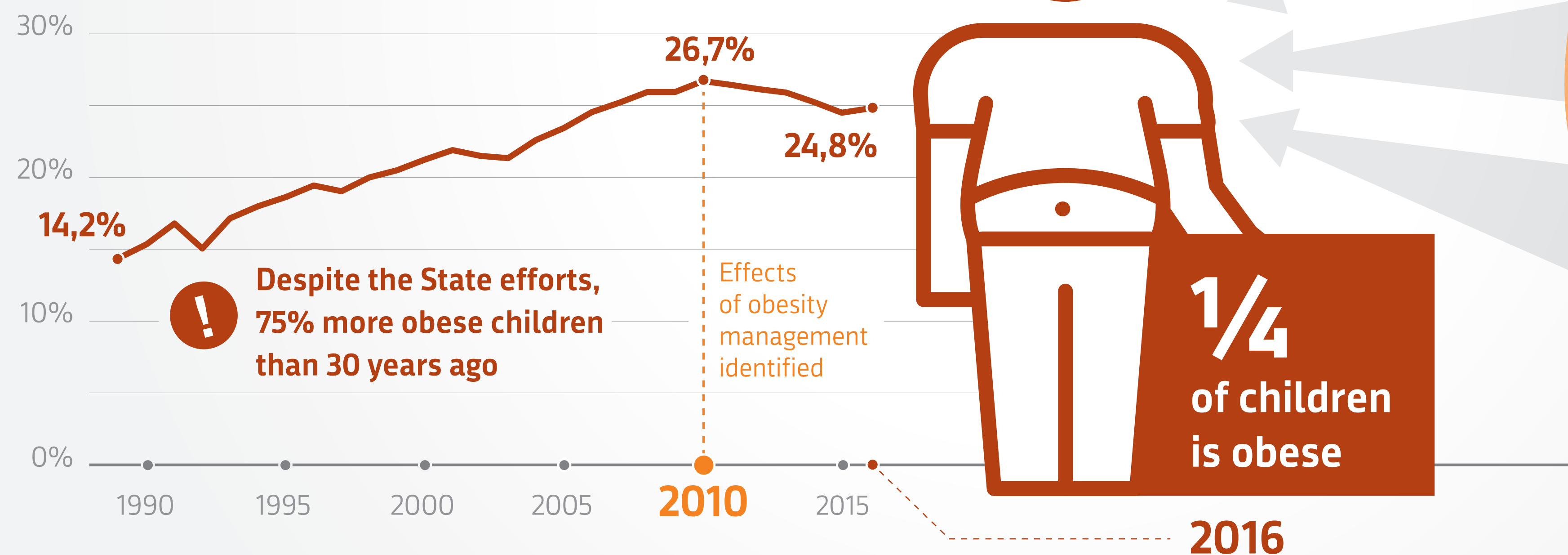


Does the State appropriately tackle child obesity?

KEY INSTITUTIONS

- Ministry of Health
- Ministry of Education, Science and Sport
- National Institute of Public Health

Share of obese children in Slovenia



How the State tackles child obesity?

MONITORING



Established procedure for measuring body mass and physical performance for already 30 years

BUT _____

- **Not all schools are included** in measuring procedure, **financing** thereof **still unclear**.

SYSTEMIC REGULATION by providing legal bases



Prescribed guidelines and healthy diet education



Subsidies for school meals



Prescribed scope of physical education

BUT _____

- **Scope of physical education** in schools (at least 5 hours per week) as recommended by WHO **does not suffice**.

CARRYING OUT PROJECTS for promoting and raising awareness of healthy lifestyle



PROJECTS FOR HEALTHY EATING IN SCHOOLS

- Traditional Slovenian Breakfast
- School Fruit and Vegetables Scheme
- Healthy Schools Network



PROJECTS FOR PHYSICAL ACTIVITY

- Sports for children and young adults
- Classes offering additional sports
- National sectoral associations
- Healthy lifestyle

BUT _____

- **Projects do not reach all children** due to voluntary participation of schools and children
- **Additional workload for employees** discourages schools from carrying out their key mission

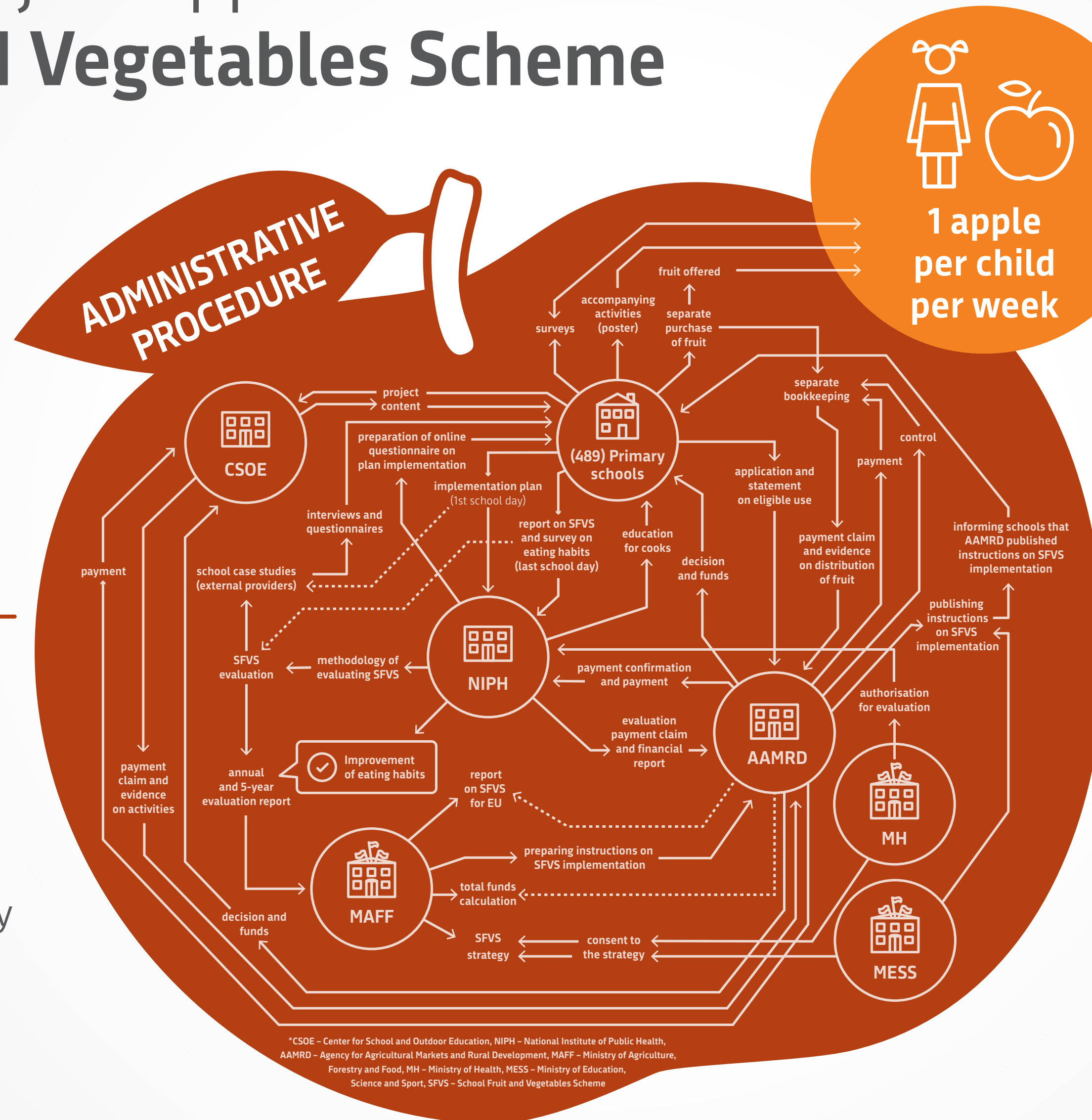
Example of a project approach


School Fruit and Vegetables Scheme

Objective of the project is to promote a consumption of domestic fruit and vegetables in primary schools.

Weakness of a project approach

- ➔ The risk of **too high costs of the project considering the results**, since the project content is partially ensured already by systemic regulation.




1 apple per child per week


— **IDENTIFIABLE COSTS**

€ 1 million
or € 6 per child annually

— **NON-IDENTIFIABLE COSTS**



 Many stakeholders

 Additional administration

*CSOE – Center for School and Outdoor Education, NIPH – National Institute of Public Health, AAMRD – Agency for Agricultural Markets and Rural Development, MAFF – Ministry of Agriculture, Forestry and Food, MH – Ministry of Health, MESS – Ministry of Education, Science and Sport, SFVS – School Fruit and Vegetables Scheme

OPINION OF THE COURT OF AUDIT



Tackling childhood obesity by the Ministry of Health, Ministry of Education, Science and Sport and National Institute of Public Health was **partially efficient.**



Effectiveness of auditees in meeting the objectives **could not be assessed.**

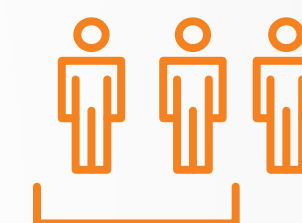
Decrease in the number of obese children after 2010 may be indirectly linked to the State efforts.



The State tackles child obesity by promoting healthy lifestyle. Final result yet depends on each individual alone.



Recommended scope of physical activity in schools **not yet systemically regulated.**



Project approach **did not provide for equal treatment of all children** in promoting healthy lifestyle.



The ministries failed to ensure **mechanisms for measuring** effectiveness of objective implementation.